



Safe Working at Height Course

Course Description

This course is designed to provide the participant with an understanding of legislation, Australian Standards and National Codes of practice relating to heights and working at heights safely. Participants will gain an understanding of appropriate methods for moving and working at height. Participants will also gain an understanding of the basic use of equipment used in fall protection and the day to day care, mandatory inspections (including harnesses) and maintenance checks on height safety equipment.

Course duration: 1 Day, 8-10 hours

Training Ratio: 1 instructor to a maximum number of 10 participants.

Assessment: Assessments will be competency based, involving written and practical sections.

Qualification: A Competency Certificate will be issued to all successful participants outlining the individual's ability to Work Safely at Heights, Participate in a Rescue and the ability to prevent an Industrial Fall.

All training and assessment is conducted by a trainer, who is qualified in Certificate IV – "Workplace Training and Assessment" and has the relevant industry experience.

Course Topics

- Legislation, OH&S and Australian Standards that relate to working at heights
- Identification, assessment and control of risks associated with working at heights
- Inspect and care for personal fall protection equipment
- Demonstrate safe movement at height
- Temporary anchor and lifeline systems
- Rescue System

