

## **LEAD CLIMBING - TRAD**

If you want to climb at some of Australia's greatest climbing areas such as Mt Arapiles and Frog Buttress you'll need to know more than how to clip bolts. This two day course will teach you the skills of lead climbing on naturally protected climbs. You will gain the skills and confidence to place gear, and lead using natural protection devices.



### **What will you learn?**

- Gear – Wires, nuts, hexes, camming devices, and heaps more
- Route/Crag Selection – Where to go, what to try, how much to bite off !
- Tips and Techniques
- Placing and cleaning gear
- Lead climbing
- Belaying
- Double (1/2) Rope systems
- Multi-point anchor systems
- Falling
- Backing Off
- Protecting the Second

To get the most out of this course you should be able to lead moderate grade sport routes (up to 14/15).

We recommend doing the course with a person you often climb with, or plan to climb with outdoors.

### **What is included?**

All the safety equipment – We supply all the ropes and hardware, and will kit you out with harnesses, helmets, rock climbing shoes, and anything else you may need.

We supply a wholesome lunch, and drinks to keep you going all day.

### **What do you need to bring?**

Comfortable clothing, drink bottle, and your camera. If you wish to use your own climbing gear you can.

